White Paper on Standards and Norms for Hospice and Palliative Care in Europe
International Participatory Palliative Care and Hospice Congress
Istanbul, 9-11 March, 2018
Andreas Stähli
White Paper on Standards and Norms:
Table of contents

Nine chapters:
• Background (1) and Methods (2)
• Terminology (3) and Philosophy (4)
• Levels (5)
• Population served (6)
• Palliative care delivery (7) and Palliative care services (8)
• Discussion and future prospects (9)
„Babylonian confusion“

palliative care, palliative medicine, hospice care, supportive care, terminal care, end-of-life care
Conventional terms for ‘palliative care’ in some European countries

**Austria**: Palliativ(e) Care; Palliativmedizin; palliative Betreuung / Palliativbetreuung; Palliativversorgung

**Belgium (Flemish)**: Palliatieve zorg

**Belgium (Walloon)**: Soins palliatifs

**Republic of Croatia**: Paljativna skrb

**Cyprus**: Anakoufisiki frontitha / frontida

**Czech Republic**: Paliativni pece

**Denmark**: Palliative indsats; palliative behandeling (og pleje)

**France**: Soins palliatifs

**Germany**: Palliativmedizin; Palliativversorgung

**Greece**: Anakoufistiki frontida

**Hungary**: Palliatv ellts

**Iceland**: líknamedferd / líknandi medferd

**Ireland**: Palliative care

**Israel**: Tipul tomeh / tomech; tipul paliativi

**Italy**: Cure palliative

**Turkey**: Palyatif Bakım
Common values and principles

- Autonomy
- Dignity
- Relationship between patient and healthcare professionals
- Quality of life
- Position towards life and death
- Communication
- Public education
- Multi-professional and interdisciplinary approach
- Grief and bereavement
## Levels of palliative care

<table>
<thead>
<tr>
<th>Two-level approach</th>
<th>Specialised palliative care</th>
<th>E.g. inpatient hospices, palliative care units, volunteer hospice services</th>
</tr>
</thead>
<tbody>
<tr>
<td>Specialised palliative care</td>
<td></td>
<td>E.g. inpatient hospices, palliative care units, volunteer hospice services</td>
</tr>
<tr>
<td>Palliative care approach</td>
<td></td>
<td>E.g. in community nursing teams, for general practitioners</td>
</tr>
</tbody>
</table>
Population served

a. Patients
   • Not restricted to predefined medical diagnosis (e.g. cancer),
   • Should be available for all patients with life-threatening diseases and debilitating illness from the time of diagnosis

b. Disease stage
   • No predefined time point in the course of the disease marking the transition from curative to palliative care
Palliative care delivery

Advance care planning
Access to services
Continuity of care
Preferred place of care
Locations of care
Palliative care networks
Staff in specialised palliative care services
Voluntary work
Palliative care leave for relatives
Palliative care services

These services are characterized:

- Palliative care unit
- Inpatient hospice
- Hospital palliative care support team
- Home palliative care team
- „Hospital at home”
- Volunteer hospice team
- Day hospice
- Palliative outpatient clinic
Many thanks and greetings from Münster!

Town hall

Bike city

Johannes-Hospiz (inpatient service)