

White Paper on Standards and Norms for Hospice and Palliative Care in Europe

International Participatory Palliative Care and Hospice Congress
Istanbul, 9-11 March, 2018
Andreas Stähli



White Paper on Standards and Norms: Table of contents

Nine chapters:

- Background (1) and Methods (2)
- Terminology (3) and Philosophy (4)
- Levels (5)
- Population served (6)
- Palliative care delivery (7) and Palliative care services (8)
- Discussion and future prospects (9)

„Babylonian confusion“



*palliative care, palliative medicine,
hospice care, supportive care,
terminal care, end-of-life care*

Conventional terms for 'palliative care' in some European countries

Austria: Palliativ(e) Care; Palliativmedizin; palliative Betreuung / Palliativbetreuung; Palliativversorgung

Belgium (Flemish): Palliatieve zorg

Belgium (Walloon): Soins palliatifs

Republic of Croatia: Paljativna skrb

Cyprus: Anakoufisiki frontitha / frontida

Czech Republic: Paliativni pece

Denmark: Palliative indsats; palliative behandling (og pleje)

France: Soins palliatifs

Germany: Palliativmedizin; Palliativversorgung

Greece: Anakoufistiki frontida

Hungary: Palliatv ellts

Iceland: Líknarmedferd / líknandi meðferd

Ireland: Palliative care

Israel: Tipul tomeh / tomech; tipul paliativi

Italy: Cure palliative

Turkey: Palyatif Bakım

Common values and principles

- Autonomy
- Dignity
- Relationship between patient and healthcare professionals
- Quality of life
- Position towards life and death
- Communication
- Public education
- Multi-professional and interdisciplinary approach
- Grief and bereavement

Levels of palliative care

Two-level approach	
Specialised palliative care	E.g. inpatient hospices, palliative care units, volunteer hospice services
Palliative care approach	E.g. in community nursing teams, for general practitioners

Population served

a. Patients

- Not restricted to predefined medical diagnosis (e.g. cancer),
- Should be available for all patients with life-threatening diseases and debilitating illness from the time of diagnosis

b. Disease stage

- No predefined time point in the course of the disease marking the transition from curative to palliative care

Palliative care delivery

Palliative care in the community

- Advance care planning
- Access to services
- Continuity of care
- Preferred place of care
- Locations of care
- Palliative care networks
- Staff in specialised palliative care services
- Voluntary work
- Palliative care leave for relatives

Palliative care services

These services are characterized:

- Palliative care unit
- Inpatient hospice
- Hospital palliative care support team
- Home palliative care team
- „Hospital at home”
- Volunteer hospice team
- Day hospice
- Palliative outpatient clinic

Many thanks and greetings from Münster!



Town hall



Bike city



Johannes-Hospiz (inpatient service)